

# Counseling and School Psychology

IN THE COLLEGE OF EDUCATION

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## Courses Acceptable for Master's Degree Programs in Counseling (CSP)

Refer to *Courses and Curricula and Regulations of the Division of Graduate Affairs* sections of this bulletin for explanation of the course numbering system, unit or credit hour, prerequisites, and related information.

### UPPER DIVISION COURSE

#### **CSP 596. Selected Studies (1-3)**

Prerequisite: Consent of instructor.

A series of lecture and discussion sessions centering on current problems in counseling and guidance. Designed to serve the needs of any person desiring to keep informed of developments in this area. May be repeated with new content. See *Class Schedule* for specific content. Credit for 596 and 696 applicable to a master's degree with approval of the graduate adviser.

### GRADUATE COURSES

#### **CSP 600. Cross-Cultural Counseling Communication Skills (2)**

Prerequisite: Concurrent registration in Counseling and School Psychology 600L.

Concepts underlying effective cross-cultural counseling practice and interpersonal communication. Development of skills basic to practice of counseling, consultation, and marriage-family therapy.

#### **CSP 600L. Cross-Cultural Counseling Prepracticum (1) Cr/NC**

Prerequisite: Credit or concurrent registration in Counseling and School Psychology 600.

Development of self-understanding. Cross-cultural communication skills needed for becoming an effective counselor. May be repeated with new content. Maximum credit three units applicable to a master's degree in counseling.

#### **CSP 601. Theoretical Foundations of Counseling and Marriage and Family Therapy (3)**

Prerequisites: Counseling and School Psychology 600 and 600L.

Counseling and marriage and family therapy theories and their impact on the practices of counselors, school counselors, school psychologists, marriage-family therapists and their clients. Approaches and applications for counseling and therapy. Research on counseling and marriage and family therapy.

#### **CSP 606. Professional Issues in Mental Health Practice (3)**

Prerequisites: Counseling and School Psychology 600 and 600L.

Legal, ethical, and professional issues in counseling and marriage and family therapy practice, research, and training. Cultural underpinnings and clinical implications of legal and ethical codes.

- A. California Law and Ethics for Marriage and Family Therapy
- B. Community-Based Block

#### **CSP 609. Family Life Cycle Development (3)**

Prerequisites: Counseling and School Psychology 600 and 600L.

Family development examined within sociocultural and temporal contexts. Addresses predictable and crisis transitions and implications for family therapy treatment.

#### **CSP 610. Determinants of Human Behavior (1-3)**

Implications of theory and research in behavioral sciences for the understanding of human behavior.

- B. Social and Cultural
- C. Development
- D. School Learning
- E. Biological

#### **CSP 612. Restorative Practices and Conflict Transformation (3)**

Prerequisite: Graduate standing.

Compare and contrast retributive and restorative practices. Concepts, history, principles, and theory of restorative practices. Restorative tools in building strong relationships. Utilization of trauma informed care.

#### **CSP 615. Seminar in Multicultural Dimensions in Counseling (3)**

Issues, insights, and techniques for improving effectiveness in working with culturally diverse populations.

#### **CSP 618. Mental Health Recovery and the DSM: A Social Justice Perspective (3)**

Prerequisite: Counseling and School Psychology 601.

Descriptions of mental health disorders within biological, individual, familial, and larger social contexts. Focus on Diagnosis and Statistical Manual of Mental Disorders classification system and relationship to family functioning.

#### **CSP 619. Foundations in Ecosystemic Thinking and School Psychology (3)**

Prerequisite: Admission to school psychology program.

Education and professional development of multiculturally competent, ecosystemic school psychologists involved in the lives of students, families, and schools.

#### **CSP 620. Foundations of the Professional School Counselor Leader (3)**

Prerequisite: Admission to school counseling program.

Comprehensive school counseling to include historical perspective of school counseling policies, practices, future leadership directions, role and function of professional school counselor leader. Current trends in school counseling.

**CSP 621. Social Justice Democratic Theory, Processes, and Skills (2)**

Prerequisite: Concurrent registration in Counseling and School Psychology 621L.

Multicultural community counseling and social justice practice, to include democratic processes, community-building, and professional communication skills. Social change through working with people in communities, increasing self- and other-awareness, and relationship building. Fulfills licensure requirements for LPCC.

**CSP 621L. Social Justice Democratic Theory, Processes, and Skills Laboratory (1) Cr/NC**

Prerequisite: Concurrent registration in Counseling and School Psychology 621.

Supervised practice in multicultural community counseling and social justice practice, to include democratic processes, community-building, and professional communication skills. Social change through working with people in communities, increasing self- and other-awareness, and relationship building. Fulfills licensure requirements for LPCC.

**CSP 623. Ecobehavioral Assessment - Intervention (3)**

Prerequisite: Concurrent registration in Counseling and School Psychology 730 or 740.

Theory and concepts underlying ecobehavioral assessment - intervention in multicultural schools. Functional assessment of individual student behavior in contexts of classroom and culture. Development of behavior support plans in collaboration with teachers. Implementing and evaluating ecobehavioral consultation.

**CSP 624. Learning, Achievement, and Instruction for School Counselors (3)**

Prerequisite: Counseling and School Psychology 620.

Classroom management strategies and techniques. Curriculum design, lesson plan development, assessment tools, and instructional strategies for delivering school counseling core curriculum (academic, college/career, personal/social) in diverse schools.

**CSP 625. Marriage and Family Therapy Theories and Best Practices I (3)**

Prerequisite: Counseling and School Psychology 601.

Historical and empirical foundations of marriage and family therapy. Classic systemic theoretical models of practice from vantage point of assessment. Related change strategies and techniques.

**CSP 626. Marriage and Family Therapy Theories and Best Practices II (3)**

Prerequisite: Counseling and School Psychology 625.

Contemporary marriage and family therapy theories including: post-modern ideas, such as narrative therapy and collaborative language systems, integrative and evidence-based approaches; alternative approaches to family therapy, such as coaching and mediation.

**CSP 630. Social Justice and Holistic School Systems for School Counselors (3)**

Prerequisite: Counseling and School Psychology 620.

Historical and current holistic school systems and role of professional school counselor. Ecosystemic and social justice theory and models; practical implications for providing school counseling services for individual students in multicultural schools.

**CSP 635. Sexuality and Intimacy in Couple and Family Therapy and Counseling (1-2)**

Prerequisites: Counseling and School Psychology 621 and 621L or 625, or consent of instructor.

Approaches to understanding sexual functioning and intimacy through multicultural, historical, and relational clinical theory frameworks. Specific sexual issues presented in therapy, treatment planning, and intervention. Fulfills marriage and family therapy and LPCC licensure requirements.

**CSP 636. Mental Health Recovery (3)**

Prerequisite: Graduate standing.

Constructions of pathology and mental health, mental health recovery movement, and multicultural considerations in counseling.

**CSP 637. Counseling and Marriage and Family Therapy Theories I (3)**

Prerequisite: Graduate standing.

Foundational counseling theories and practical application to multicultural communities. Historical development of marriage and family therapy theories from a social constructionist and postmodern framework.

**CSP 638. Counseling and Marriage and Family Therapy Theories II (3)**

Prerequisite: Graduate standing.

Continuing examination of counseling and marriage and family therapy theories and applications from social constructionist and postmodern frameworks.

**CSP 639. Law and Ethics in the Counseling Profession (3)**

Prerequisite: Graduate standing.

Legal and ethical standards in the counseling profession through a multicultural lens. Personal values in ethical decision making.

**CSP 640. Testing and Assessment for Marriage and Family Therapists (2)**

Prerequisite: Education 690.

Theory and application of individual and relationship assessment instruments in marriage and family therapy practice. Test development processes. Cultural factors in testing and interpretation. Current uses of tests in mental health, educational, and legal institutions. (Formerly offered as Counseling and School Psychology 640, Theories and Process of Appraisal, 3 units.)

**CSP 642. Multicultural Assessment in Individual and Community Counseling (2)**

Prerequisite: Education 690.

Theory and practice of individual assessment measures from a multicultural and social justice perspective in community counseling. Test development processes. Social justice and cultural factors in testing and interpretation. Current uses of tests in community settings. Fulfills licensure requirements for LPCC.

**CSP 642L. Multicultural Assessment in Individual and Community Counseling Laboratory (1) Cr/NC**

Prerequisite: Education 690.

Supervised practice and application of individual assessment measures from a multicultural and social justice perspective in community counseling. Test development processes. Social justice and cultural factors in testing and interpretation. Current uses of tests in community settings. Fulfills licensure requirements for LPCC.

**CSP 643. Psychoeducational Evaluation Techniques (1) Cr/NC**

Prerequisite: Counseling and School Psychology 641.

Theories and concepts underlying psychoeducational evaluation in multicultural schools. Administration and interpretation of instruments and techniques for psychoeducational evaluation of children and adolescents.

B. English – Learners

**CSP 644. Academic Assessment - Intervention (3)**

Prerequisite: Concurrent registration in Counseling and School Psychology 730 or 740.

Current concepts of prevention and intervention strategies for students placed at risk for academic difficulties in multicultural schools. Skills in assessment of academic achievement (standardized and authentic), linked to empirically supported intervention strategies, evaluation of intervention effectiveness.

**CSP 645. College Planning and Career Development P-16 (3)**

Prerequisite: Counseling and School Psychology 620.

College planning, career readiness, and career technical education P-16. Technology promoting equity, access, and opportunity for culturally diverse populations to post secondary options.

**CSP 650. Trauma and Crisis Counseling in Multicultural Community Context (1-3)**

Prerequisites: Counseling and School Psychology 601; 621 and 621L or 625, or consent of instructor.

Multicultural and social justice; crisis and trauma counseling and therapy to include historical and philosophical origins of current theories and practices and implications for multidisciplinary treatment. Trauma and diversity.

**CSP 652. Trauma-Informed Care in Multicultural Contexts (3)**

Prerequisite: Graduate standing.

Current trends in explaining traumatic experience. Discourses surrounding trauma and how they have developed. Recovery and restorative practices. Trauma-informed care practices and principles in diverse contexts.

**CSP 662. Counseling Interventions with Children and Adolescents (3)**

Prerequisites: Counseling and School Psychology 601 and 610C.

Counseling theories, processes and approaches appropriate to children and adolescents in multicultural school and community settings. Application of theories and research for individual, group, family and larger systems interventions.

- A. Marriage and Family Therapy
- B. School Counseling and School Psychology

**CSP 663. Response to Intervention: Assessment-Intervention for Learning I (3)**

Prerequisites: Admission to school psychology program and a psychometrics course approved by faculty.

Foundational assessment skills in authentic and curriculum-based approaches for intervention for school-age students. Standardized assessment as a bridge to part II.

**CSP 664. Response to Intervention: Assessment-Intervention for Learning II (3)**

Prerequisite: Counseling and School Psychology 663.

Implement Response to Intervention (RTI) in psychoeducational assessment and intervention. Academic and cognitive assessment-intervention of theories, assessment practices, and intervention.

**CSP 670. Theory and Process of Group Counseling (2-3)**

Prerequisites: Counseling and School Psychology 600 and 600L.

Group process, theories of group interaction, and group leadership techniques with children, adolescents, adults, couples, and families. Fulfills requirements for licensed professional clinical counselor and marriage and family therapy licensure.

**CSP 670L. Group and Community Counseling Laboratory (1) Cr/NC**

Prerequisite: Credit or concurrent registration in Counseling and School Psychology 670.

Supervised practice in group counseling, community counseling, group leadership. May be repeated with new content. Maximum credit three units applicable to master's degree in counseling.

**CSP 672. Multidisciplinary Facilitation (2)**

Prerequisite: Graduate standing.

Inter-professional collaboration practices across a variety of organizational settings. Social constructionist approaches to multidisciplinary group facilitation. Team-based collaborative leadership and knowledge production.

**CSP 673. Public and Private Policy and Counseling (1)**

Prerequisite: Graduate standing.

Public and private policy in delivery of counseling services. Role of counselors as advocates in policy issues impacting services.

**CSP 680. Theory and Process of Consultation (3)**

Prerequisites: Counseling and School Psychology 600 and 600L.

Consultation theory, process, and research for counselors and school psychologists. Emphasis on mental health and problem-solving consultation in multicultural education and mental health settings.

**CSP 687. Family and Systemic Treatment of Substance Abuse (1-3)**

Prerequisite: Counseling and School Psychology 621 and 621L or 625, or consent of instructor.

Systemic models of intervention for families, couples presenting problems related to substance abuse. Includes treatment issues of interdependence, power, intimacy, generational patterns, addition and relapse. Fulfills marriage and family therapy and LPCC requirements.

**CSP 688. Family Systems Assessment of Child Abuse (1)**

Prerequisite: Counseling and School Psychology 601.

Examines child abuse assessment within individual, family sociocultural, developmental and systemic frameworks. Treatment goals, issues and strategies derived from family systems therapies. Fulfills marriage and family therapy licensure requirement.

**CSP 689. Family Counseling in the Schools (1)**

Prerequisites: Counseling and School Psychology 600 and 600L.

Roles and approaches of family counselor in working with schools for children's school-based problems. Family systems theory and practice applied to family-school interface, cultural interaction, specific symptomatology, and professional and ethical issues.

**CSP 691. Violence in Couples' Relationships (1)**

Prerequisite: Counseling and School Psychology 621 and 621L or 625, or consent of instructor.

Sociocultural, developmental, family and individual contexts of violence in couples' relationships. Assessment with a focus on systemic ideas and practices. Legal, ethical, and person-of-the-therapist influences on assessment. Fulfills marriage and family therapy and LPCC licensure requirements.

**CSP 692. Seminar: Couples Therapy and Evidence-Based Relational Practices (3)**

Prerequisites: Counseling and School Psychology 609 and 625.

Explores and applies theory and practice of therapy with couples in premarital, marital, non-marital, divorce, recoupling, and remarriage situations. Intra and intercultural issues and gender factors in coupling. Discussion of specific problems such as infidelity or depression.

**CSP 693. Special Topics in Families and Larger Social Systems (1)**

Prerequisite: Counseling and School Psychology 625.

Variable topics addressing issues of relationships between families and larger social systems relationships in marriage and family therapy. Examples include: home-based family therapy, immigrants and refugees in therapy, cultural trauma, larger systems change, spirituality, technology and therapy. May be repeated with new content. Maximum credit six units.

**CSP 694. Psychopharmacology for Marriage and Family Therapists and Counseling (2-3)**

Prerequisite: Counseling and School Psychology 618.

Medical, cultural, systemic perspectives on use of psychopharmacology in marriage and family therapy practice. Overview of most commonly used drugs in psychotherapeutic treatment. Fulfills marriage and family therapy and LPCC licensure requirements.

**CSP 696. Selected Topics in Counseling and School Psychology (1-3)**

Prerequisite: Consent of instructor.

Intensive study in specific areas of counseling and school psychology. May be repeated with new content. See *Class Schedule* for specific content. Credit for 596 and 696 applicable to a master's degree with approval of the graduate adviser.

**CSP 710A-710B. Professional Seminar (3-3)**

Prerequisites: Education 690. Six units from Counseling and School Psychology 601, 640, 670, or other courses approved by graduate adviser.

Study of selected areas in counseling, marriage and family therapy, school counseling, or school psychology culminating in a written project with emphasis on counseling as a profession. May be repeated with new content. See *Class Schedule* for specific content. Maximum credit nine units applicable to a master's degree.

**CSP 711. Intensive Study in School Psychology (1-6)**

Prerequisite: Admission to the school psychology program.

Selected areas in school psychology theory and practice. May be repeated with new content. See *Class Schedule* for specific content. Maximum credit eight units.

**CSP 723. School-Based Mental Health Interventions (3)**

Prerequisite: Counseling and School Psychology 623.

Mental health disorders in school-aged children. Factors that promote psychological healthy and safe schools. Psychological interventions to improve emotional, behavioral, and social functioning of children and adolescents in school settings.

## Counseling and School Psychology

### **CSP 726. School Psychology Models and Practices for Family-School Collaboration (3)**

Prerequisites: Counseling and School Psychology 600, 600L, 619, 623.

Models, theory, research, and practice in school psychology roles in family-school collaboration in diverse schools. School-wide, group, and individual approaches for improving school climate, parent engagement, communication, and interventions involving families, school staff, school psychologists, and others.

### **CSP 730. Fieldwork in Counseling (2-6) Cr/NC**

Prerequisite: Counseling and School Psychology 601 or 662 or 670.

Application of concepts and procedures of counseling, school counseling, or school psychology services in appropriate school or agency setting. Daily observation and practice. Weekly seminar sessions with university staff. Application to take the course must be made early during the preceding semester. May be repeated with new content. See *Class Schedule* for specific content. Maximum credit six units applicable to a master's degree in counseling.

### **CSP 733. Ethics and Law for Educators (3)**

Prerequisite: Graduate standing in counseling and school psychology, special education, or teacher education.

Professional issues in school psychology, special education, applied behavioral analysis, and mental health. Professional ethics, dilemmas, legislation, and case law relevant to delivery of ethically and legally sound services.

### **CSP 740. Practicum (1-6) Cr/NC**

Prerequisite: Counseling and School Psychology 601.

Supervised experience in counseling, school counseling, or school psychology. May be repeated with new content. See *Class Schedule* for specific content. Maximum credit nine units applicable to a master's degree in counseling.

### **CSP 742. Policy, Politics, Law, and Ethics for School Counselors (1-3)**

Prerequisite: Counseling and School Psychology 620.

Policies and politics influencing education, school counselors, and students. Legal mandates, ethical standards, practices of the school counseling profession, and how to apply to educational and counseling situations.

### **CSP 744. Cognitive Assessment - Intervention (3)**

Prerequisite: Counseling and School Psychology 644.

Theories underlying cognitive assessment. Implications for school learning. Collaborative consultation with teachers regarding instructional and academic interventions in multicultural schools. Administration and interpretation of cognitive assessment techniques used by school psychologists. Design, implementation, and evaluation of interventions. Effective report writing.

### **CSP 750. Response to Intervention: Assessment and Instructional Support for Culturally and Linguistically Diverse Learners (3)**

Prerequisite: Counseling and School Psychology 644 or 663.

Effective assessment and instructional support strategies for culturally and linguistically diverse students within Response to Intervention (RTI) framework. Language and culture, disproportionality in special education, non-biased assessment practices and interventions, and report writing.

### **CSP 751. Response to Intervention: Advanced Assessment-Intervention: Special Populations (3)**

Prerequisites: Counseling and School Psychology 664 and 750.

Response to Intervention (RTI) and instructional support strategies for special populations to include autism, preschool, and low incidence disabilities. Developmental and play-based assessment, individual differences, and diversity.

### **CSP 752. Seminar and Practicum: School Psychology (3-6) Cr/NC**

Nine hours of practicum for three units.

Prerequisite: Counseling and School Psychology 730.

School psychology in multicultural school settings; implications for standard and innovative school psychology practices. Maximum credit six units applicable to the Ed.S. degree.

### **CSP 755. Practicum I: Marriage and Family Therapy (3) Cr/NC**

Prerequisite: Counseling and School Psychology 625.

Supervised experience in relationship and family therapy under live supervision. Application of assessment methods and basic techniques. Clinical hours may be counted toward 500 clinical hours and marriage and family licensure eligibility requirement. May be repeated for additional clinical training experience. Maximum credit nine units applicable to a master's or Ed.S. degree.

### **CSP 760. Advanced Seminar in School Psychology (3)**

Prerequisites: Counseling and School Psychology 710A and 752.

Study of selected areas in school psychology which culminates in a written project with emphases on research, problems and/or issues. May be repeated with new content. See *Class Schedule* for specific content. Maximum credit six units applicable to a master's degree.

### **CSP 761. Dynamic Cognitive Assessment and Intervention (3)**

Prerequisite: Advancement to candidacy.

Theory and practice of cognitive modifiability and knowledge construction; role of culture and second language acquisition in cognitive development. Proficiency in identifying and assessing modifiable cognitive functions; administer and interpret multiple assessment tools; report to parent and teacher.

### **CSP 762. Prevention, Crisis Intervention, and Conflict Resolution in Schools (3)**

Prerequisite: Counseling and School Psychology 662.

Examination, design, implementation, and evaluation of wellness, prevention, intervention, and other mental health programs at individual, group, and system levels in schools. Focus on roles for school support personnel in promoting wellness and resiliency and intervening in school settings.

### **CSP 764. Advanced Educational Psychology: Developmental and Biological Bases of Behavior (3)**

Prerequisite: Counseling and School Psychology 723.

Human neuropsychology relevant to assessment and intervention practices within school settings; associated biological and cultural influences on human behavior. Brain-behavior relationships within context of cognitive and developmental psychology, learning, and education.

### **CSP 765. Practicum II: Marriage and Family Therapy (3) Cr/NC**

Prerequisite: Counseling and School Psychology 755.

Advanced supervised experience in relationship and family therapy under live supervision. Advanced techniques and treatment planning. Clinical hours may be counted toward 500 clinical hours and marriage and family licensure eligibility requirement. May be repeated with additional clinical training experience. Maximum credit three units applicable to a master's degree.

### **CSP 769. The Achievement Gap: Leadership, Advocacy, and Systemic Change (3)**

Prerequisite: Counseling and School Psychology 620.

Leadership, advocacy, systemic change theory, practice to disaggregate data, identify equity, and access issues. Create student and systems interventions to target opportunity, attainment, and achievement gaps in schools.

### **CSP 770. Advanced Seminar in Counseling (3)**

Prerequisite: Advancement to candidacy or counseling experience.

Selected areas in counseling culminating in a written project with emphasis on research, problems, and issues. May be repeated with new content. See *Class Schedule* for specific content. Maximum credit six units applicable to a master's degree.

### **CSP 771. Advanced Learning and Multi-Tiered Mediated Interventions (3)**

Prerequisite: Counseling and School Psychology 761.

Design and delivery of cognitively mediated interventions tiers 1, 2, and 3 of Response to Intervention (RTI). Incorporation of critical thinking, prior knowledge and cultural grounding, standards, depth of content, and progress monitoring.

**CSP 775. ASCA Model I: Developing and Implementing a School Counseling Program (3)**

Prerequisite: Counseling and School Psychology 620.

Part I of a two part sequence. Professional knowledge, skills, competencies, and abilities to create, implement, and evaluate school counseling program in K-12 schools. Program foundation, design, and implementation.

**CSP 776. ASCA Model II: Evaluating and Improving School Counseling Programs (3)**

Prerequisite: Counseling and School Psychology 620.

Part II of a two part sequence. Professional knowledge, skills, competencies, and abilities to create, implement, and evaluate school counseling program in K-12 schools. Program assessment, accountability, and evaluation.

**CSP 780. Internship (2-12) Cr/NC**

Prerequisite: Counseling and School Psychology 730.

Supervised internship experience in counseling or school psychology activities. Application to take the course must be made early during the preceding semester. May be repeated with new content. See *Class Schedule* for specific content. Maximum credit six units applicable to a master's degree. Maximum credit 24 units applicable to the specialization in school psychology.

**CSP 784. Advanced Consultation in Diverse Schools (3)**

Prerequisites: Counseling and School Psychology 680, 723, 726.

Consultation research, theories, and expertise in cross-cultural and consultee-centered consultation. Clinical skills in advanced consultation challenges to include interrupting racism, promoting conceptual change, shifting perceptions, and development of sustainable interventions.

**CSP 785. Marriage and Family Therapy Traineeship (1-10) Cr/NC**

Prerequisite: Counseling and School Psychology 755.

Community-based clinical marriage and family therapy experience, with AAMFT approved supervisor or equivalent. Individual and group supervision at site and on campus. Clinical hours may be counted toward 500 clinical hours and marriage and family therapy licensure eligibility requirement. May be repeated with new content. Maximum credit ten units.

**CSP 799A. Thesis (3) Cr/NC/RP**

Prerequisites: An officially appointed thesis committee and advancement to candidacy.

Preparation of a thesis for the Master of Science degree in counseling.

**CSP 799B. Thesis Extension (0) Cr/NC**

Prerequisite: Prior registration in Thesis 799A with an assigned grade symbol of RP.

Registration required in any semester or term following assignment of RP in Thesis 799A in which the student expects to use the facilities and resources of the university; also student must be registered in the course when the completed thesis is granted final approval.

**CSP 799C. Comprehensive Examination Extension (0) Cr/NC**

Prerequisite: Completion or concurrent enrollment in degree program courses.

Registration required of students whose only requirement is completion of the comprehensive examination for the master's or Ed.S. degree. Registration in 799C limited to two semesters.